

# TEEN SPA SERVICES

## Teen Swedish Massage - 50 min. \$100

Based on classic European massage techniques, this full-body, light pressure massage helps soothe and relax tired muscles, increases circulation, and induces a feeling of overall well-being.

## Teen Back, Neck & Shoulder Massage - \$60

This 25-minute massage focuses solely on relieving tension in the back, neck and shoulder area.

## Teen Refresher Facial - \$60

This 25 minute facial includes cleansing, exfoliation, mask and facial massage.

## Teen Blemish Control Facial - \$110

Our acne treatment utilizes a unique combination of enzymes, sulfur and probiotics as an alternative to traditional methods, resulting in noticeably clearer complexion. During this 50 minute service, our staff will teach you about home care routines which help produce clearer, healthier skin.

## Teen Make Up Lesson and Application - \$30

Learn everything you need to know about make up in one session. Our make up artist will educate you on how to moderately apply makeup to enhance your natural beauty.

## Teen Salon Services - \$20 & Up

Nail Services for both young men and women.

Saddlebrook's Teen Spa is available to young ladies and gentlemen ages 12 to 17. There is locker room access for Teen Spa visitors and all teens must wear a bathing suit for massage and facial treatments.

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[www.saddlebrookresort.com](http://www.saddlebrookresort.com)

The Spa at Saddlebrook Resort is pleased to announce our **TEEN SPA**, where young ladies and gentlemen ages 12 to 17 are invited to experience limited services in a safe, elegant setting.

All services are available by appointment during normal Spa operating hours and parent/guardian must be present during service.

