Designed by Mike Angus, golf architect for the Phil Mickelson Golf Course Design Company, the 16-acre Saddlebrook Golf Training Center and Range encompasses every element of the game as well as state-of-the-art TrackMan, SamBalanceLab, and SamPuttLab technology. Resort guests, visitors, club members, students and touring professionals find challenging and valuable golf play in this multi-faceted training facility. Golfers can train with one of our professionals or score themselves while rotating through the practice stations.

Covering over 70,000 square feet, the Super Tee is across from our Digital Golf Learning Studio, featuring an indoor hitting bay and the most advanced video swing analysis software available. TrackMan™ uses sophisticated data on moment of impact; Sam BalanceLab, measures motion and weight transfer with a high caliber sensor; and Sam PuttLab, diagnoses the ball’s roll after contact with an ultrasound radar tracking system. From the back of the Super Tee, you can drive the ball to target greens a distance of over 300 yards (max. 360). You can also step up your short game on the Scoring Zone, an over 10,000-square-foot green with bunkers and multiple chipping areas.

The 12,000-square-foot Lesson Tee is designed to improve each player's complete game with practice shots to multiple target greens, while specially designed mounds help players practice every type of uphill and downhill shot. Here you’ll find a 14,000-square-foot Tif-Eagle putting green as well as a 10,000-square-foot Wedge Green, designed to practice shots from all types of lies from 100 to 20 yards in. Rounding out the area is the 7,000-square-foot Chipping Green featuring Mini-Verde ultra-dwarf Bermuda grass.